



20th October 2025

Dear Parents/Carers.

This year, one of our aims at Mundella is to become a more climate friendly school and play our part in working towards a healthy environment for us all to enjoy in the future. Today in assembly, members of the school council helped to explain to the children in key stage 2 what carbon emissions are and simple ideas we can use as a school community to help reduce our carbon footprint.

As part of the national Eco-Schools campaign, November is **Cut Your Carbon** month and so we are asking key stage 2 children to take part in a month long carbon cutting challenge. There are 6 challenges to try at home over November. When you complete the challenges, please tick them off on your child's record and return the record to your child's teacher by the end of November.

Here are the six carbon cutting challenges:

- **Make three evening meals plant-based across the month**
Meat production is responsible for around 14% of the world's greenhouse gas emissions, so make three evening meals plant-based and discover how delicious cutting carbon can be!
- **Make any three journeys 'active' across the month**
Transport creates nearly a quarter of the UK's carbon emissions. Active travel - such as walking, scooting, wheeling, or cycling - doesn't emit anything! So, get active and ditch the drive!
- **Meal plan to reduce food waste for one week**
Research suggests that the average person wastes 95kg of food per year! At each stage of the life-cycle of wasted food, from production to rotting at landfill, carbon is produced. Plan your meals, shop smart, and waste less – it's good for the planet and your wallet!
- **Lower your washing machine temperature to 30°C for three washes across the month**
Washing machines are energy-hungry! Drop the temperature to 30°C for three washes this month and cut carbon without sacrificing clean clothes. Cool it to care!
- **Have a device-free day**
Electricity makes up about 25% of your home's carbon footprint. Power down non-essential devices for one day – no gaming, no streaming – and rediscover the joy of offline fun!
- **Turn down the heating by 1°C for a week**
Heating is the top source of home carbon emissions in the UK. Turn it down by just 1°C for a week, layer up, and show your love for the planet – one cosy jumper at a time!

At the end of the November we will calculate the impact we have had on our carbon emissions. There will be a certificate for the class who completes the most challenges as well as the chance for our school to be entered into a prize draw for a new school mural. For more information on the campaign please visit: [Cut Your Carbon 2025 - Eco Schools](#)

Thank you for your support with this important issue. We are excited to hear about the children's carbon cutting activity in November!

Mrs B Sarich

School Council Lead





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Make 3 journeys active across the month.



Meal plan to reduce food waste for one week.



Lower your washing machine temperature to 30°C for three washes across the month.



Have a 'device-free' day.



Drop your heating by 1°C for a week.

Completed by: