



# Spring/Summer Menu MUNDELLA PRIMARY

| WEEK ONE   |                               | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|-------------------------------|--|---|--|--|--|
| 13th Apr, 4th May, 25th May, 15th Jun, 6th Jul, 7th Sept, 28th Sept, 19th Oct 2026           | <b>Main Meal Option</b>       | Red Tractor Pork Sausage Roll & Home-baked Potato Wedges     | Beef Chilli & Sunny Rice                                | Roast Chicken with Gravy, Stuffing & Roast Potatoes  | Wholemeal Tomato & Cheese Pizza & Home-baked Potato Wedges | MSC Fish Fingers & Chips                                   |
|  | <b>Vegetarian Meal Option</b> | Cheese & Onion Pastry Roll & Home-baked Potato Wedges        | Italian Quorn Meatballs served with Pasta <sup>VG</sup> | Quorn Sausage with Gravy, Stuffing & Roast Potatoes  | Vegetable Chilli & Sunny Vegetable Rice <sup>VG</sup>      | Vegetable Fingers & Chips with Ketchup <sup>VG</sup>       |
|  | <b>Vegetables</b>             | Baked Beans & Sweetcorn                                      | Mixed Salad or Broccoli                                 | Seasonal Greens & Carrots  | British Red Tractor Garden Peas, Sweetcorn                 | British Red Tractor Garden Peas, Baked Beans               |
|  | <b>Sandwiches</b>             | Cheese   | Ham   | Hot Roast Baguette   | Tuna Mayo  | Fish Finger Wrap   |
|  | <b>Baked Jacket Potatoes</b>  | Jacket Potato with Tuna Mayo or Cheese or Beans              | Jacket Potato with Tuna Mayo or Cheese or Beans         | Jacket Potato with Tuna Mayo or Cheese or Beans  | Jacket Potato with Tuna Mayo or Cheese or Beans            | Jacket Potato with Tuna Mayo, Cheese, Beans or Salmon Mayo |
|  | <b>Dessert</b>                | Vanilla Shortbread <sup>VG</sup> & Chocolate Sauce           | Flapjack with Apple Slices                              | Strawberry Jelly <sup>VG</sup>   | Oaty Cookie  | Vanilla Ice Cream  |
| WEEK TWO   |                               | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
| 30th Mar, 20th Apr, 11th May, 1st Jun, 22nd Jun, 13th Jul, 14th Sept, 5th Oct, 26th Oct 2026 | <b>Main Meal Option</b>       | Wholemeal Margherita Pizza & Sunny Rice                      | Red Tractor Beef Pasta Bolognese & Garlic Bread         | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes                                     | Pork Sausage & Mash with Gravy                             | MSC Battered Pollock & Chips                               |
|  | <b>Vegetarian Meal Option</b> | Macaroni Cheese  | Plant-based Pasta Bolognese & Garlic Bread              | Stuffed Yorkshire Pudding with Roasted Winter Vegetable Casserole & Roast Potatoes <sup>VG</sup> | Veggie Sausage & Mash with Gravy <sup>VG</sup>             | Cheese Flan & Chips  |
|  | <b>Vegetables</b>             | Broccoli, Sweetcorn or Baked Beans                           | Broccoli, Cauliflower & Carrots                         | Seasonal Greens & Carrots  | British Red Tractor Garden Peas, or Sliced Carrots         | British Red Tractor Garden Peas, Baked Beans               |
|  | <b>Sandwiches</b>             | Cheese   | Ham   | Hot Roast Baguette   | Tuna Mayo  | Fish Finger Wrap   |
|  | <b>Baked Jacket Potatoes</b>  | Jacket Potato with Tuna Mayo or Cheese or Beans              | Jacket Potato with Tuna Mayo or Cheese or Beans         | Jacket Potato with Tuna Mayo or Cheese or Beans  | Jacket Potato with Tuna Mayo or Cheese or Beans            | Jacket Potato with Tuna Mayo or Cheese or Beans            |
|  | <b>Dessert</b>                | Flapjack & Fruit Slices <sup>VG</sup>                        | Chocolate Fudge Cake                                    | Pinwheel   | Apple Crumble <sup>VG</sup> & Custard                      | Chocolate Shortbread                                       |
| WEEK THREE   |                               | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
| 6th Apr, 27th Apr, 18th May, 8th Jun, 29th Jun, 20th Jul, 31st Aug, 21st Sept, 12th Oct 2026 | <b>Main Meal Option</b>       | Beef Burger with Home-baked Potato Wedges                    | Mild Chicken Curry served with Mixed Rice               | Roast Chicken with Gravy, Stuffing & Roast Potatoes  | Margherita Pizza with Sunny Rice                           | MSC Fish Fingers & Chips                                   |
|  | <b>Vegetarian Meal Option</b> | Vegetable Burger with Home-baked Potato Wedges <sup>VG</sup> | Vegetable Sausage Hotdog served with Home-baked Wedges  | Vegetable Lasagne & Garlic Bread   | Vegetable Chilli with Sunny Vegetable Rice                 | Cheese Flan with Chips & Ketchup                           |
|  | <b>Vegetables</b>             | Sweetcorn, Baked Beans                                       | Broccoli, Cauliflower & Carrots                         | Seasonal Greens & Carrots  | Broccoli or Sweetcorn                                      | British Red Tractor Garden Peas, Baked Beans               |
|  | <b>Sandwiches</b>             | Cheese   | Ham   | Hot Roast Baguette   | Tuna Mayo  | Fish Finger Wrap   |
|  | <b>Baked Jacket Potatoes</b>  | Jacket Potato with Tuna Mayo or Cheese or Beans              | Jacket Potato with Tuna Mayo or Cheese or Beans         | Jacket Potato with Tuna Mayo or Cheese or Beans  | Jacket Potato with Tuna Mayo or Cheese or Beans            | Jacket Potato with Tuna Mayo or Cheese or Beans            |
|  | <b>Dessert</b>                | Flapjack   | Syrup Sponge Pudding & Custard                          | Chocolate Shortbread with Fruit Slices   | Vanilla Cookie & Fruit Slices <sup>VG</sup>                | Iced Sponge Cake   |

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

|                                   |  |                             |  |                                      |  |                  |  |                  |  |              |           |
|-----------------------------------|--|-----------------------------|--|--------------------------------------|--|------------------|--|------------------|--|--------------|-----------|
| <b>Portion(s) of fruit or veg</b> |  | <b>Source of wholegrain</b> |  | <b>Contains plant-based proteins</b> |  | <b>50% fruit</b> |  | <b>Oily fish</b> |  | <b>Vegan</b> | <b>VG</b> |
|-----------------------------------|--|-----------------------------|--|--------------------------------------|--|------------------|--|------------------|--|--------------|-----------|

England's target for 'free sugar' intake for your child  
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.