MUNDELLA PRIMARY

Colours in the left column represent the band colour your child should choose for the meal that day

AU	TUMN W	INTER 23/24			E A T S	MART
7	week one	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
/01/24	Main Course	Cheese & Tomato Pizza with Garlic Bread	Pork Sausage Roll with Baked Potato Wedges	Roast Gammon with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers with Chips
NCING: 01/24:22	Vegetarian Main Course	Beany Veggie Burrito	Cheese & Onion Roll with Baked Potato Wedges	Vegetarian Sausage with Roast Potatoes & Gravy	Macaroni Cheese	Cheese Flan with Chips
COMMENCI /23:01/01/	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
KS (7/12/7/12/7/12/7/12/7/12/7/12/7/12/7/12	Sandwiches	Cheese Sandwich	Ham Sandwich	Hot Roast Baguette of the Day	Tuna Wrap	Tuna Sandwich
WEE 1/23:04,	Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Cauliflower	Carrots Seasonal Greens	Green Beans Baked Beans Sweetcorn	Baked Beans Garden Peas
13/11	Dessert	Shortbread with Apple Slices	Flapjack Finger	Vanilla Sponge with Custard	Tootie Fruity Jelly with Mandarins	Chocolate Shortbread
T	WEEK TWO	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(01/24:	Main Course	Cheese & Tomato Pizza with Garlic Bread	Beef Pasta Bolognaise	Pork Sausage Toad in the Hole with Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers with Chips
CING: 1,723:08/	Vegetarian Main Course	Beany Veggie Burrito	Veggie Pasta Bolognaise	Vegetable Sausage Toad in the Hole with Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Pastry Roll with Chips
OMMEN 3:11/12	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
EEKS C 0/11/2	Sandwiches	Cheese Sandwich	Ham Sandwich	Hot Sausage Baguette	Tuna Wrap	Cheese Sandwich
V/23:2	Vegetables	Sweetcorn Garden Peas	Green Beans Carrots	Cauliflower Seasonal Greens	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
30/10,	Dessert	Apple Crumble Bar	Lemon Cake with Custard	Shortbread with Fruit	Chocolate Cookie	Strawberry Jelly
W	EEK THREE	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(01/23:	Main Course	Cheese & Tomato Pizza with Garlic Bread	BBQ Chicken Meatballs with Pasta	Roast Chicken with Roast Potatoes & Gravy	Beef Chilli with Mixed Rice	Fish Fingers with Chips
ENCING: /12/23:15/	Vegetarian Main Course	Veggie Mince Cottage Pie	BBQ Veggie Meatballs with Pasta	Vegetable Sausage with Roast Potatoes & Gravy	Veggie Chilli with Mixed Rice	Cheese & Onion Roll with Chips
S COMM 1/23:18,	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
WEEK 27/1	Sandwiches	Cheese Sandwich	Tuna Sandwich	Roast Baguette	Ham Sandwich	Fish Finger Wrap
1/23:	Vegetables	Sweetcorn Cauliflower	Mixed Vegetables Garden Peas	Seasonal Greens Carrots	Green Beans Cauliflower	Baked Beans Garden Peas
06/1	Dessert	Flapjack with Fruit	Chocolate Sponge	Strawberry Jelly	Lemon Drizzle Cake	Shortbread

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

with Custard

Strawberry Jelly

with Mandarins