



Colours in the left column represent the band colour your child should choose for the meal that day

WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEKS COMMENCING:</b> 1st Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr	Main Course	Cheese & Tomato Pizza with vegetable rice	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Stuffing & Roast Potatoes	Red Tractor Beef Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
	Vegetarian Main Course	Tomato, Baked Bean & Spiral Pasta Bake	Cheese & onion pastry roll with skin on baked wedges	Quorn grill with gravy, stuffing & roast potatoes	Vegetable pasta Bolognese with garlic bread	Cheese Flan with chips
	Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn	Red Tractor British Peas, Baked Beans	Broccoli/Cauliflower & Carrots	Broccoli, Carrots & Cauliflower Sweetcorn	Baked Beans, British Red Tractor Garden Peas
	Sandwiches	Freshly made sandwich with cheese	Freshly made sandwich with tuna mayonnaise	Hot roast baguette with roast potatoes	Freshly made sandwich with ham	Fish finger wrap
	Jacket Potato & Filling	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans
	Dessert	Homemade sponge & Custard	Chocolate Mousse and Orange Smiles	Shortbread biscuit	Tutti Frutti Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEKS COMMENCING:</b> 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr	Main Course	Cheese & Tomato Pizza with Tomato and Veg Rice	Red Tractor Pork Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals	MSC Fish Fingers & Chips
	Vegetarian Main Course	Potato, Spinach & Cheese Toasted Wrap with homemade salsa	Quorn sausage with mashed potatoes & gravy	Quorn Grill with Yorkshire Pudding, Roast Potatoes & Gravy	Garlic & tomato vegetable pasta spirals	Crispy vegetable fingers & chips
	Vegetables	Baked Beans or British Red Tractor Garden Peas	Broccoli/Cauliflower & Carrots	Broccoli/Cauliflower & Carrots, Sweetcorn	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas
	Sandwiches	Freshly made sandwich with cheese	Freshly made sandwich with tuna mayonnaise	Hot roast baguette with roast potatoes	Freshly made sandwich with ham	Fish finger wrap
	Jacket Potato & Filling	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans
	Dessert	Fruity Flapjack	Iced Carrot Cake & Orange Slices	Chocolate Pinwheels with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEKS COMMENCING:</b> 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar	Main Course	Cheese & Tomato Pizza & Tomato Pasta Salad	Beef Lasagne with Garlic & Tomato Bread	Roast Chicken, Gravy, & Stuffing & Roast Potatoes	Beef & Potato Pie with Mashed potatoes	MSC Fish Fingers & Chips
	Vegetarian Main Course	Quorn Sausage with Mashed Potato & Gravy	Vegetable Lasagna with garlic & tomato bread	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Cheese, Onion & Potato Pie with mashed potatoes	Cheese & Onion Pastry Roll & Chips
	Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn	Sweetcorn & Carrots	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas	Baked Beans, British Red Tractor Garden Peas
	Sandwiches	Freshly made sandwich with cheese	Freshly made sandwich with ham	Hot roast baguette with roast potatoes	Freshly made sandwich with tuna mayonnaise	Fish finger wrap
	Jacket Potato & Filling	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans
	Dessert	Lemon & Blueberry Cupcake with Fruit Slices	Strawberry Mousse	Chocolate Crunch "Concrete" & Chocolate Sauce or Pink Custard	Chocolate Cookie & Orange Wedges	Lemon Drizzle Cake With Custard

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.